

APPENDIX 1 – FAMILIES FIRST PROGRAMME IN DENBIGHSHIRE

NON COMMISSIONED SERVICES
<p>Team Around the Family (TAF) – delivering since Families First Pioneer Phase – Oct 2011</p> <p>A lot of energy has been invested in further establishing the TAF Team (based within Children and Family Services) following its conception during the FF Pioneer Phase. Further developments have been in establishing and overseeing the Families First Panel (multi-agency) which meets on a fortnightly basis (every second Tuesday, same time, same venue which has helped embed the process into their “business as usual”), managing the JAFF (Joint Assessment Family Framework - based upon a domains based approach to producing an 'all wales families first picture of distance travelled for families') pilot and dealing with the increasing demand on the whole operational Families First process.</p> <p>89 families were offered and accepted support during the 2012-2013.</p> <p>The part funded Parenting Co-ordinator is now in post and based within the TAF Team. Priorities include completion of the Parenting Strategy, and the coordination of the Parenting Operational Group (POG). The Group's priorities will include defining of 'parenting' amongst all professionals in Denbighshire, updating the mapping exercise undertaken by the previous Parenting Co-ordinator in respect of parenting provision across Denbighshire, monitoring the quality of parenting programmes currently being delivered in Denbighshire, taking learning from the Families First Parenting Learning Set and applying in practice where appropriate</p>
<p>Family Information Service – delivering since April 2012</p> <p>The implementation of the FIS website (Database funded through Families First) has created further collaborative working between other services such as Youth Service and Single Point of Access through Adult Services. This means that the FIS under the Families First remit is becoming known for being the single point of access for information for children, young people and families</p> <p><u>Referrals from FIS</u> Welfare Rights – 300 per year Young Carers- no referrals – 80 people signposted Youth Support – 12 referrals Action for Children – information and signposting to approx 100 people</p> <p>Families First also provides funds for an Outreach Worker which has contributed towards referrals made to the Integrated Family Support (IFS) Coordinator (who oversees the TAF/Panel process)</p> <p>1664 contacts with families via outreach 1471 contacts with families via telephone/email 4323 FIS website hits 2480 parent information points</p>
<p>Workforce Development, Training and Support – delivering since September 2012</p> <p>Families First Training Programme targets staff who are/potentially are directly working with and supporting vulnerable families both as part of and wider than Families First Programme. This training funding has been combined with Disability training funding to deliver one Families First Training Programme.</p> <p>Courses included Motivational Interviewing, Raising Welsh Awareness, Multi-agency Introduction to Domestic Violence, Reducing Accidents in Early Years Childcare Settings, Reducing Home Accidents, Results Based Accountability, safeguarding, together with a bespoke disability awareness training including Makaton for Professionals, Epilepsy Awareness, PECS Awareness for Parents/Carers/ Professionals. Attendees included childcare providers,</p>

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Families First Providers, Flying Start, Health, parents and carers.

COMMISSIONED SERVICES	
Service Elements	Successful Applicant
Play	<p>Oaktree Play (Consortium Bid) – delivering since April 2012</p>
	<p>The recruitment of the <u>Play Coordinator</u> (September 2012) helped in the process of ensuring sufficient play opportunities for children living in poverty or deemed vulnerable</p> <ul style="list-style-type: none"> • The Mudiad Ysgolion Meithrin (MYM) Coordinator appointed in September 2012, activities include: <ul style="list-style-type: none"> • Each setting to receive a visit once every term • To raise awareness of the referral scheme within the settings • To arrange training event on a termly basis • To liaise with Health Visitors and other health professionals to promote awareness • Liaise with parents, setting staff and health professionals to appropriately place a child • To work alongside the Advisory Teacher ‘Additional Learning Needs (ALN) Foundation Phase <p>6 MYM <u>early identification referrals</u> (through the medium of Welsh)</p> <ul style="list-style-type: none"> • Tegan <u>drop in play sessions</u> x 6 weeks (summer) over 4 areas (complimenting open access) 30 children attending each session. • Open Access Play during evenings for 4 areas within Denbighshire 10 children in each. Open Access Play Provision during Summer Scheme for 4 areas 20 children in each area. Support for disabled children 2-5 yrs in childcare, 10 children supported for 10 hrs per week. Older children with disabilities through schools are being highlighted and signposted into mainstream play provision. Appointment of Co-ordinator. Training for Play workers x 10 on inclusion. Training for play workers x 10 on child participation. Training for childcare workers on children with additional needs ie Makaton. <p><u>Disabled children receiving 1-1 support in mainstream play provision:</u></p> <ul style="list-style-type: none"> • 6 Children were supported to attend before/after school clubs or holiday clubs • 26 Children supported in playgroup, nursery or wrap around care. • A further 15 children have been able to benefit from the additional adult support in settings and participate in small group work to support language development. <p>Support for children with additional needs has been provided across the County with a higher level of need Prestatyn and Rhyl. During Q4 new resources have been created to support the use of Makaton in pre-school and early years settings for children with additional needs.</p> <p>The <u>Den Project</u> ran 3 detached Play Projects that initially were run in Rhyl,</p>

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	Meliden and Prestatyn.
Income Maximisation	Welfare Rights (Consortium Bid) – delivering since April 2012
	<p>Advice line callers - 809 Referrals for home visits or office interviews - 357 Referrals for multi debt - 50 State benefits and tax credit gains - £2,032.620 People with improved financial position - 801 Households out of economic poverty - 189 Adults plus children out of economic poverty - 431 Young people under 25 out of economic poverty - 114 Households out of fuel poverty - 64 Adults plus children out of fuel poverty - 202 Young people under 25 out of fuel poverty - 36 Talks with teams or community groups - 29</p>
Family Resilience	Betsi Cadwaladr University Health Board (BCUHB) - Consortium Bid – delivering since April 2012
	<p>13 families referred for a family group conference 4 family group conferences held 10 women attending confidence building course 11 parents attending 'Domestic Abuse: Recovering Together' (DART) Programme 5 parents attending 'Caring Dads, Safer Children' (CDSC) Programme</p> <p>52 mothers/parents attending baby massage groups Women screened for post natal depression 142 at 8 weeks and 96 at 8 months 56 listening visits provided 16 children/young people attending 'Friends' sessions 59 children/young people attending 'Seasons' sessions 19 Professionals attending training sessions to "support children to learn skills to deal with loss" 183 professionals and 10 parents attended Bibliotherapy drop in sessions 294 of book prescriptions provided or issued</p> <p>100% families who have maintained safe accommodation where there has been a history of domestic abuse Approx 65% parent/children/young people have improved relationships with significant peers Approx 76% families demonstrating improved family relationships</p>
Parenting	Action for Children (Consortium Bid) – delivering since April 2012
	<p>6 0 - 11s Parenting Programmes run 113 0 - 11s Parenting Programmes referrals received 56 0 - 11s Parents enrolled on parenting programme 61 0 - 11s Parenting Programmes home visits 7 Living with Teenagers and 1 Nurturing Teenagers programmes run 47 Living with Teenagers or Nurturing Teenagers programme referrals received 44 Parents enrolled on Living with Teenagers or Nurturing Teenagers programme 4 Nurturing Teenagers support phone calls made 2 Nurturing Teenagers home visits made 24 1-1 support referrals received</p>

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	<p>All parents supported with between sessions phone calls</p> <p><u>Living with Teenagers Programme Evaluations - Example from a Summer term programme</u></p> <p>100% scored that they had felt some improvement had been made in managing behaviour more effectively</p> <p>100% reported improvement in their ability to cope regardless of their children's behaviour</p> <p>100% reported they were extremely satisfied with the support, communication and concern they received from workers about their issues.</p> <p>100% of parents would recommend the group to others</p> <p><u>Nurturing Programme Evaluations Example Form</u></p> <p>Out of 5 parents' evaluations -</p> <p>All parents reported a score of 4 or 5 on a scale of 1-5 on the group making a positive difference to their family.</p> <p>All parents reported feeling more positive about their children</p> <p>All parents reported that they had been successful in dealing with the issues that they had brought to the programme.</p> <p>All parents reported an increase in confidence in managing difficult behaviour.</p> <p>All parents reported that the course had increased their knowledge of a child's needs and how to manage them</p> <p>All parents assessed themselves as having increased their confidence, parenting skills and communication skills as well as having improved their well-being and ability to maintain positive relationships in the home.</p>
<p>Young Carers</p>	<p>Action for Children <i>(+ an additional £41,374 provided annually for this service through Children and Family Services</i> – delivering since April 2012</p> <p>100 Young carers supported</p> <p>67 group sessions (82 young people)</p> <p>13 holiday outings (100 young carers plus their families)</p> <p>37 home visits</p> <p>69 referrals received</p> <p>43 assessments completed</p> <p>11 referrals awaiting assessment (at 31/03/2013)</p> <p>10 awareness raising sessions with professionals</p> <p>15 awareness raising sessions with pupils</p> <p>15 TAF family meetings attended</p> <p>21 School Multi-Agency Panel meetings attended</p> <ul style="list-style-type: none"> • 71% young carers with increased knowledge of how to keep safe and well (Bespoke YC star) • 71/% young carers demonstrating improvement in their learning/personal development (Bespoke YC star) • 71% young carers emotional well-being has improved (Bespoke YC star) • 76% young carers have increased their confidence and self-esteem (Bespoke YC star)

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	<ul style="list-style-type: none"> • 65% young carers with improved relationships with peers and family/key adults (Bespoke YC star) • 82% young carers with improved social skills (including communication skills) (Bespoke YC star) • 71% young carers demonstrating improved practical life skills (Bespoke YC star)
Childcare Provision	<p>Family Information Service – delivering since April 2012</p> <p>76 assisted places grant applications received 64 Emergency funds grant applications received 3 referrals between special educational needs play consortium</p> <p>Of the 25 child minder enquiries</p> <ul style="list-style-type: none"> • 9 are CYOPO5 qualified (training for setting up as a child minder) • 5 are 'Care and Social Services Inspectorate Wales' (CSSIW) registered • Further two sat CYPOP5 qualification in May 2013 (<i>Post reporting period</i>)
	<p>Denbighshire Youth Support Consortium (Consortium Bid) – delivering since April 2012</p> <p>81% Young people demonstrating healthier lifestyles 77% Young people have higher aspirations/motivation for themselves 89% Young people have improved their basic skills 75% Young people have succeeded in getting and keeping a job or a place on a training / college course 93% Young people are better prepared for work / have addressed significant barriers to working 90% Young people have increased their school attendance 93% Young people feel more confident and have a more positive experience of the learning environment</p> <p>91% Young with improved mental well-being/emotional resilience 89% Young people express improvements in self-worth/self-identity 77% Young people are more competent / confident in living independently 78% Young people living in housing which is more appropriate and secure 88% Young people with reduced risk taking behaviour and improved safety 89% Young people that have increased knowledge/awareness and skills to navigate intimate personal relationships 94% Young people with improved relationship and support from family/key adults/peers 75% Young people feel more valued, heard and included and are active in their communities</p>
Family Support	<p>Hafan Cymru – delivering since Nov 2012</p> <p>23 families referred to the service 3 Programmes run in period (one to one on-going, IYP) 7 referrals from TAF 15 referrals from Panel 1 direct referrals (IFS coordinator informed)</p>

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	<p>18 cases open 2 cases closed</p> <p>Based upon the 2 cases closed (remembering that this was for the period Nov 2012 – March 2013)</p> <p><u>Family support/relationships</u> 1 Family = 50 % families enabled to develop sustained relationships with family, support networks, neighbours, and professionals.</p> <p><u>Parenting</u> 1 family =50% of parents with improved levels of skill and confidence in parenting. 1 family=50% of parents with improved ability to deal with child’s challenging behaviour.</p>
Disability	Ysgol Tir Morfa and Ysgol Plas Brondyffryn – delivering since July 2012
	<p>Disability Training Programme – Delivery of this element is via the two special schools within Denbighshire, Tir Morfa and Plas Brondyffryn. It forms part of and compliments a comprehensive Workforce Development Training Programme (see <i>Workforce Development, Training and Support Section</i>) ensuring co-ordination of all training to avoided duplication of courses and resources, and actively encouraged providers to reach out to parents/carers to access training. Opportunities to jointly commission regionally/sub-regionally for some courses may present themselves; and talks are underway with other Authorities.</p>
	Barnardo’s
	<p>Buddying Scheme - delivering since Feb 2013 Recruitment; induction and training of any new staff, including establishing a baseline of confidence and skills. Analysis of existing provision. Develop publicity and promotional materials.</p> <p>22 referrals from April – June 2013 6 referrals from July and September 2013</p>
	Home/Community Based Play Development for Disabled Children
<p>CAMHS (Child & Adolescent Mental Health Service) - delivering since Feb 2013 Although this project into Denbighshire is in its infancy, anecdotally:</p> <p>80% (n=4) families are viewed as being better equipped in supporting their children’s learning and development. 60% (n=3) of the children are being reported by parents to have improved behaviour following PADA’s input. 60% (n=3) children are showing an improvement in their ability to communicate – this is as a direct result of introducing augmentative communication systems. 60% (n=3) have experienced further nursery/play group provision as a result of this services involvement.</p>	

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